

GOVERNMENT OF ANDHRA PRADESH
ABSTRACT

SOCIAL WELFARE DEPARTMENT - Implementation of New Standardized Nutritious Menu & Enhancement of Diet Charges for all boarders residing in the Pre-Matric & Post-Matric Hostels, Residential Schools/Colleges and other Welfare Educational Institutions managed by the SW/TW/BCW/DAW/W&CW/MW Departments - Orders - Issued.

SOCIAL WELFARE (EDN.2) DEPARTMENT

G.O.Ms.No.82

Dated: 05-06-2018.

Read the following: -

1. G.O.Ms.No.59, SW(Edn.2) Department, dated 01.04.2008.
2. G.O.Ms.No.76, SW(End.2) Department, dated 24.04.2008.
3. G.O.Ms.No.15, WD, CW & DW(JJ) Department, dated 7.6.2008.
4. G.O.Ms.No.17, WD, CW & DW (JJ) Department, dated 13.6.2008.
5. G.O.Ms.No.117, Minorities Welfare (MFC) Department, dated 18.06.2011.
6. G.O.Ms.No.922, Education (SETRG.A2) Department, dated 26.12.2008.
7. G.O.Ms.No.39, Social Welfare (EDN.2) Department, dated 07.12.2012.
8. G.O.Ms.No.60 Social Welfare (EDN.2) Department, dated 27.09.2011.
9. G.O.Ms.No.40, Social Welfare (SW.EDN.2)Department, dated 08.12.2012.
10. G.O.Ms.No.40, Social Welfare (Edn.2) Department, dated 29.06.2015.
11. Rc.No.C1/5225/2016-1, dated 30.4.2016 of Director, Social Welfare, A.P.
12. Welfare Review meeting held on 2/8/2016 by the Hon'ble Chief Minister.
13. G.O.Rt.No.1934,Finance(FMU. Welfare. I) Department, dated 08.09.2016
14. Govt.Memo.No.14021/1/SW. Edn.1/2016, dated 31.01.2017.
15. Meeting held by Principal Secretary to Govt., SWD with all Secretaries & HoDs of Welfare Department on 18.04.2017, 19.04.2017 & 28.04.2017.
16. Rc.No. A3/101/2018, dated.04.04.2018 of DD(SW), West Godavari.
17. Rc.No.C1/5225/2016-1, dated 04.04.2018 from the Director of Social Welfare, A.P.

ORDER:

The Government of Andhra Pradesh, envisions the emergence of the State as a happy, inclusive, responsible, & globally competitive society by the year 2029 and has enunciated its vision in the Vision 2029 document, which inter-alia aims to: (i) Create capacities among all sections of society to equitably gain from it so as to make them willing partners and stakeholders. (ii) Transform into an economy that creates, disseminates, and uses knowledge to drive growth and development.

2. Andhra Pradesh is a pioneer in ensuring that no child, belonging to the marginalized communities, is left behind in his/her quest for seeking knowledge, only on grounds related to their social & economic background. Taking cognizance of the gaps in the standards of academic attainment, the State has over the years, established an extensive network of Hostels (Pre-Matric & Post-Matric) and Residential Schools managed by the Social Welfare (SW), Tribal Welfare (TW), Backward Classes (BC) Welfare, Minorities Welfare (MW) & Differently Abled (DA) and Women and Child Welfare Departments.

3. The monthly Maintenance charges (MTF) for the SC & ST students, studying in the Post-Matric courses, including Attached Hostels were enhanced vide G.O.Ms.No.60, Social Welfare (Edn.2) Department, dated 29-9-2011. Subsequently, the Diet Charges for the Boarders in the Hostels (Pre-Matric) & Residential Schools, studying in Classes III to Xth of the SW/TW/ BCW/ MW/ DA/ Education(APREIS) Departments was last enhanced vide the G.O. MS. No. 39, Social Welfare (Edn.2) Department, dated 7-12-2012. Finally, the monthly Maintenance charges were enhanced and made uniform for the SC/ST/BC/MW/DA community/category students in the Department Attached Hostels pursuing Post-Matric courses vide the G.O.Ms.No.40, Social Welfare (Edn.2) Department, dated 08-12-2012.

4. The Social Welfare Department considered it necessary to undertake a scientific study of the existing Diet Menu being implemented in the Hostels & Residential Schools to understand the gaps in nutrition delivery and based on the results to make an assessment of the requirement for the enhancement of the Diet Charges. Accordingly, the National Institute of Nutrition (NIN), Hyderabad has furnished a detailed report wherein an overall analysis of the existing Diet Menu, the nutrition gaps and the changes necessary were documented.

5. During the review meeting held in the reference 12th read above, the Hon'ble Chief Minister has directed that the enhancement of the Diet Charges proposed in respect of the Social Welfare Department be holistically examined in respect of the institutions of all the Welfare Departments in order to ensure uniformity and that the Director of Social Welfare act as the Nodal Officer for this purpose and furnish a Standardized and Nutritious Menu for all Welfare institutions viz. Hostels (Pre Matric & Post-Matric) and Residential Schools/Jr. Colleges across the State, and to move a common proposal for approval. Accordingly, in the reference 14th read above, instructions were issued by the Government to the Director of Social Welfare, AP.

6. The above matter was also discussed in the meetings, held by the Principal Secretary to the Government, Social Welfare Department in the reference 15th read above, with the Principal Secretaries/Secretaries and HODs of the Welfare Departments. Based on the broad requirements suggested by the NIN, Hyderabad, the Secretary, APSWREIS has taken up the task of defining the detailed age-specific Meal Plan for the Hostels and Residential Schools, based on the following parameters:

- a) The Menu should be Nutritious and Standardized for all the Welfare Hostels (Pre-Matric & Post-Matric) and Residential Schools/Colleges, across the State.
- b) The boarders residing in the Pre-Matric hostels are not provided lunch in the Hostels and have Mid-day meals in the schools concerned, therefore, enhanced Nutrition should be provided through appropriate customization of the Menu.
- c) The Menu should meet all the necessary age & gender specific nutritional requirements, as per the Recommended Dietary Allowances(RDAs).
- d) The Menu should be based on ingredients, which are locally and seasonally available.

7. The Secretary, APSWREIS, in consultation with all Welfare Departments/ Societies has prepared a standardized & comprehensive nutritious Menu as

mentioned in Annexure I & II to this order, for implementation by all the Welfare institutions, based upon (a) Recommended Dietary Allowances (Required Nutrients/Calories per day), as prescribed by the National Institute of Nutrition /World Health Organization, (b) Distribution of recommended calories across various sources (fats, proteins, carbohydrates, fibers, etc.) (c) Appropriate intervals between successive meals, as per the established nutritional standards (d) Scientific customization of calorie requirements, as per the age (group) and gender of the students, as per the NIN/WHO requirements.

8. As a balanced and nutritious diet is critical for physical and mental growth and development of the boarders from the disadvantaged communities, hence the proposed menu has also been discussed with experts from the World Bank and UNICEF and their suggestions incorporated. Field studies were initially held in the APSWREIS institutions and suitable modifications were made based on feedback received from all the stakeholders. The Diet & Health modules were developed and deployed for Hostels and Residential Schools in the Jnanabhumi portal and a larger pilot was undertaken in West Godavari district from 10-2-2018 in (80) Pre-Matric Hostels and (22) Post-Matric Hostels of the SW & BCW Department, implementing the revamped Diet Menu with enhanced Diet charges. Positive feedback has been received from all stakeholders, viz., Boarders, Parents, HWOs, ASWOs/ABCWOs/ATWOs and Special Officers of the Hostels in West Godavari district regarding the new standardised Menu vide reference 16th read above.

9. The Director of Social Welfare, vide the reference 17th read above, has submitted a detailed proposal for the implementation of New Standardized Nutritious Menu & for the Enhancement of Diet Charges for all boarders residing in the Pre-Matric & Post-Matric Hostels, Residential Schools/Colleges and other Welfare Educational Institutions managed by the SW/TW/BCW/DAW/W&CW/MW Departments.

10. Government, after careful examination of the above proposal of the Director of Social Welfare, the age & gender specific dietary calorific & nutrition requirements, the recommendations in the report of the National Institution of Nutrition, Hyderabad, the inputs from the nutrition experts from the UNICEF and World Bank, the change in the cost of living index, and the results of the field trials and large-scale pilot undertaken, hereby issue the following orders:

(a) Implementation of the New Standardized and Nutritious Menu, annexed at Annexure I for Pre-Matric Hostels of all Welfare Departments (including Ashram Schools/Ananda Nilayams/Children Homes) & Annexure II (Post-Matric Hostels and Residential Schools/Colleges of all Welfare Departments) w.e.f. 1st July 2018.

(b) Enhancement of the Diet Charges, as per the following rates (per boarder per month), w.e.f. 1st July 2018.

ENHANCED DIET CHARGES (PER BOARDER PER MONTH)

Classes	Type of Institutions	Existing Diet Charges	Enhanced Diet Charges
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III & IV	All Hostels(Pre-Matric)/ Residential Schools	₹ 750	₹ 1000
V, VI & VII	All Hostels(Pre-Matric)/ Residential Schools	₹ 750	₹ 1250
VIII, IX & X	All Hostels(Pre-Matric)/ Residential Schools	₹ 850	₹ 1250
INTER-LEVEL	All Hostels (Post-Matric - for SC/ST Group-I course students only)	₹ 1200	₹ 1400
& ABOVE	All Hostels (Post-Matric-excluding SC/ST Group -I course students) and Residential Schools/Colleges	₹ 1050	

- (c) Constitution of a Standing Committee, to ensure enhancement in Diet Charges in regular periodicity, based on the need, determined on basis of objective & defined criteria in order to ensure proper nutrition is provided to children at all times, in the Welfare Hostels & Residential Schools ecosystem, consisting of -
a) Principal Secretary/ Secretaries of SC/ST/BC/MW/DA/WCD Departments
b) Principal Secretary, Health Department
c) Principal Secretary, Finance Department in charge of the subject of Welfare
d) Director, Economics & Statistics Department
e) Director of Social Welfare - Member Convener.

The Committee shall examine need to make any changes in Diet Menu/ Diet Charges in the month of April, every year, on the basis of objective criteria and furnish its recommendations for consideration of the Finance Department before the 15th of April, every year.

The Committee is also entrusted with the task of recommending any Special Dietary provisions for nutritionally-disadvantaged children, Sick children and Children engaging in rigorous sports activities, across the welfare institutions.

- (d) The implementation of the New Standardized and Nutritious Menu and the enhancement in the Diet Charges will be operationalized through the Diet module of Jnanabhumi portal, wherever deployed.

10. The Director of Social Welfare, Director of Tribal Welfare, Director of Backward Classes Welfare, Commissioner of Minority Welfare, Secretary, APSWREIS/APTWREIS/APMJPBCWREIS/APREIS(MW), Commissioner, Differently Abled Welfare, Commissioner, Women Development & Child Welfare, VC & MD, APSMFC Limited, are requested to take necessary action for implementation of the New Standardized and Nutritious Menu as shown in the Annexure I & II to this order as per the enhanced rates and to meet the expenditure from the respective Head of Account.

11. The Chief Executive Officer, A.P.C.F.S.S., Amaravati is requested to take necessary steps to modify the Jnanabhumi software accordingly.

12. This order issues with the concurrence of the Finance (FMU-Welfare. I) Department, vide their U.O. No.39027/33/2018-(FMU-WF.1), dated 09-05-2018.

(BY ORDER AND IN THE NAME OF THE GOVERNOR OF ANDHRA PRADESH)

**S.S. RAWAT,
PRINCIPAL SECRETARY TO GOVERNMENT**

To

The Principal Secretary to Government, Tribal Welfare Department,
The Principal Secretary to Government, B.C. Welfare, Department,
The Secretary to Government, W.C. DA & SC Welfare Department
The Secretary to Government, Minority Welfare Department.
The Commissioner, Minority Welfare, AP, Amaravathi
The Director of Social Welfare, A.P., Amaravati.
The Director of Tribal Welfare, A.P., Amaravati.
The Director of Backward Classes Welfare, A.P., Amaravati.
The Sp. Commissioner of Women & Child Welfare, Amaravati.
The Sp. Commissioner of Differently abled, Amaravati.
The Secretary, A.P.S.W.R.E.I.S., Amaravati.
The Secretary, A.P.R.E.I.S., Education Department, Amaravati.
The Secretary, APTWREIS/Gurukulam, Amaravati.
The Secretary, MJP AP BCW REIS, Amaravati.
The VC & MD, APSMFC, Ltd., Amaravati.
The Principal Accountant General (Audit-I), A.P., Vijayawada.
The Director of Treasuries & Accounts, A.P., Ibrahimpatnam Vijayawada.
The Pay and Accounts Officer, AP, Vijayawada
The Commissioner, Information & Public Relations Department, Vijayawada.
The Commissioner of Civil Supplies, A.P., Amaravati.
The CEO, APCFMS, Ibrahimpatnam.
The CEO, APCFSS, Ibrahimpatnam.

Copy to:

The Chairman, State Planning Board, Vijayawada.
All the District Collector in the State.
All the Joint Director/ Deputy Directors, Asst. Directors, (SW) / (TW) / (BCW)/DW
& Minority Welfare through HODs.
All the Principals, A.P.S.W. Residential Schools (through Secretary
APSWREIS)/APSW Gurukulams/ Mahatma Jyothi Rao Phule Residential Schools/AP
Residential Schools of Education Department.
All District Treasury Officers.
The Finance (Expr. SW) Department.
OSD to Chief Secretary to Govt., A.P. Secretariat.
P.S. to Secretary to C.M.
P.S. to M (SWE &TWE) /M(BCW) /M(MW)/ M (WCD & DW)/ M (HRD)/M (PR)/M(Ag.)/
M(AH)/M(LE&T)/M(Health)/M (Civil Supplies)
SF/Spare

// FORWARDED:BY ORDER//

SECTION OFFICER

ANNEXURE-I TO THE G.O. MS.NO.82, SW(EDN.2) DEPARTMENT, DATED:05-06-2018

ANNEXURE - I

NEW STANDARDIZED NUTRITIOUS MENU FOR PRE-MATRIC HOSTELS OF ALL WELFARE DEPARTMENTS

DAYS	Milk Break	Breakfast	Mid-Morning Snack	Lunch*	Evening Snacks	Dinner	Post Dinner Snack
Sunday			Ground Nut Chikki	Chicken Curry	Ragimalt With Jaggery	Rice	Banana
		Wheat Puri		Thalimpu Annam		Vankaya Kura	
		AlooBataniKurma		Curd		PalakuraPappu	
				Gongura Chutney		Buttermilk	
Monday	Milk	Boiled Egg	Ground Nut Chikki	Mid-Day Meal	Ragimalt With Jaggery	Rice	Banana
		Moong Dal Khichdi				DosakayaKoora	
		With Vegetables				ThotakuraPappu	
		Peanut Chutney				Buttermilk	
Tuesday	Milk	Boiled Egg	Ground Nut Chikki		Ragimalt With Jaggery	Thalimpu Annam	Banana
		Tamarind Pulihora				Chicken Curry	
						Gongura Chutney	
						Buttermilk	
Wednesday	Milk	Boiled Egg	Ground Nut Chikki		Ragimalt With Jaggery	Rice	Banana
		Idli				Aloo Kura	
		Peanut Chutney				GonguraPappu	
						Buttermilk	
Thursday	Milk	Boiled Egg	Ground Nut Chikki		Ragimalt With Jaggery	Rice	Banana
		Wheat RavaUpma				SorakayaKoora	
		Peanut Chutney				ThotakuraPappu	
						Buttermilk	
Friday	Milk	Boiled Egg	Ground Nut Chikki		Ragimalt With Jaggery	Thalimpu Annam	Banana
		Moong Dal Pongal				Chicken Curry	
		Peanut Chutney				Gongura Chutney	
						Buttermilk	
Saturday	Milk	Boiled Egg	Ground Nut Chikki		Ragimalt With Jaggery	Rice	Banana
		Idli (40g Each)				Seasonal Vegetables Kura	
		Peanut Chutney				GonguraPappu	
						Buttermilk	

ANNEXURE - II**NEW STANDARDIZED NUTRITIOUS MENU FOR POST-MATRIC HOSTELS & RESIDENTIAL SCHOOLS/
COLLEGES OF ALL WELFARE DEPARTMENTS**

Days	Milk Break	Breakfast	Mid-Morning Snack	Lunch	Evening Snacks	Dinner	Post Dinner Snack
Sunday			Groundnut Chikki	Chicken Curry	Ragimalt With Jaggery	Rice	Banana
		Wheat Puri		Thalimpu Annam		Vankaya Kura	
		AlooBatani-Kurma		Curd		Palakura-Pappu	
				Gongura Chutney		Buttermilk	
Monday	Milk	Boiled Egg	Groundnut Chikki	Aloolguru	Ragimalt With Jaggery	Rice	Banana
		Moong Dal Khichdi		Rice		Dosakaya-Koora	
		With Vegetables		Curd		Thotakura-Pappu	
		Peanut Chutney		Sambhar		Buttermilk	
Tuesday	Milk	Boiled Egg	Groundnut Chikki	Dondakaya-Iguru	Ragimalt With Jaggery	Thalimpu Annam	Banana
		Tamarind Pulihora		Rice		Chicken Curry	
				Curd		Gongura Chutney	
				Sambhar		Buttermilk	
Wednesday	Milk	Boiled Egg	Groundnut Chikki	Bendakaya-Iguru	Ragimalt With Jaggery	Rice	Banana
		Idli		Rice		Aloo Kura	
				Curd		Gongura-Pappu	
		Peanut Chutney		Sambhar		Buttermilk	
Thursday	Milk	Boiled Egg	Groundnut Chikki	Vankaya Iguru	Ragimalt With Jaggery	Rice	Banana
		Wheat Rava Upma		Rice		Sorakaya-Koora	
				Curd		Thotakura-Pappu	
		Peanut Chutney		Sambhar		Buttermilk	
Friday	Milk	Boiled Egg	Groundnut Chikki	Aratikaya-Iguru	Ragimalt With Jaggery	Thalimpu Annam	Banana
		Moong Dal Pongal		Rice		AlooBatani-Kurma	
				Curd		Gongura Chutney	

Days	Milk Break	Breakfast	Mid-Morning Snack	Lunch	Evening Snacks	Dinner	Post Dinner Snack
Saturday	Milk	Boiled Egg	Groundnut Chikki	Cabbage Iguru	Ragimalt With Jaggery	Rice	Banana
		Idli(40G Each)		Rice		Seasonal Vegetables Kura	
		Peanut Chutney		Curd		Gongura-Pappu	
				Sambhar		Buttermilk	

S.S.RAWAT
PRINCIPAL SECRETARY TO GOVERNMENT